

To all young mothers:

It's hard for young mothers to find time or help to do daily chores and errands, let alone to attend any faith formation programs.

However, it's essential for all young or new mothers; faith formation is a continually ongoing process, so new and young mothers must be properly nurtured in order to fulfill their baptismal vocation.

Lincoln Park's Young Mothers' Spiritual Retreat: Faith Formation provides **babysitting**, necessary help to **care for babies and young children**, and will guide new mothers to attend to their **maturity of faith**, as well as their children's.

Faith Formation is the church's responsibility. Every person is to grow continually "in every way into [Christ] who is the head."

(Ephesians. 4:5)

- Experienced nursery volunteers and babysitters will be available during all sessions
- Course texts and materials (written, audio-visual, etc.) will be provided
- Food and drinks will be provided

You are Invited!

Sessions with the director, pastors, teachers, pediatrician, fellow learners and young mothers of the community, helpers...

Session I: Footprints (April 6)

Session II: Prayers for Footprints (April 13)

Session III: Happy Feet and Fiat (April 20)

Session IV: Scrubbing Feet (April 27)

[All sessions will include videos, time of prayer and meditation, debriefing, and messages by various guest speakers]



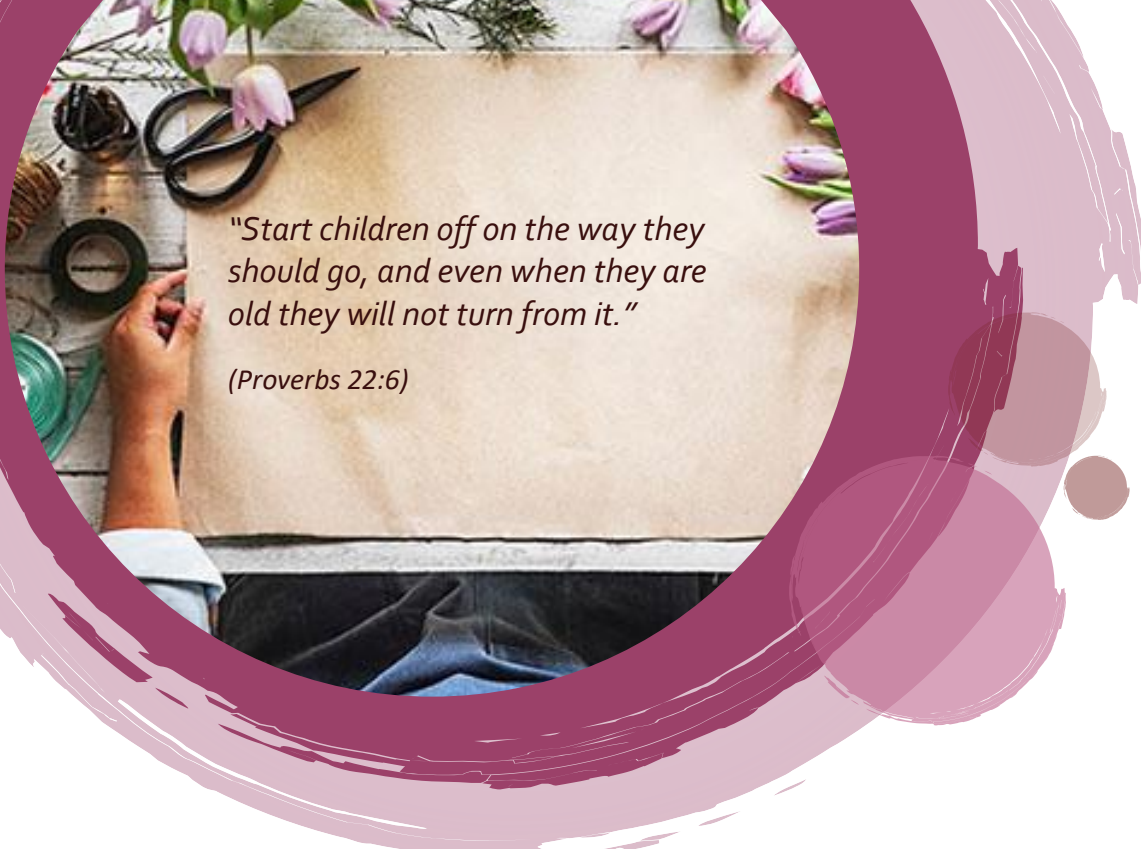
Young Mothers' Spiritual Retreat



4 Saturdays: April 6 – 27, 2019

9:30 – 11:35 a.m.

Lincoln Park Community UMC
1 Carlisle Ave.
Reading, PA 19609
sleekoo@lpcumc.org
610 – 777 – 1422



"Start children off on the way they should go, and even when they are old they will not turn from it."

(Proverbs 22:6)

If you want...

- To **restore** the original image of God in you
- To find the **meaning** of being a mother
- To **pray** for your child
- To **live** under the reign of God
- To always say "**yes**" to God
- To live a **loving life in faith...**

Then come!

Come as you are and ...

SEE what our awesome God has planned for you

SHARE your journey – whatever you are concerned or joyful about

DO painting, drawing, writing, dancing, walking, and meditating

LEARN that God has a specific vision for you

BECOME co-walkers in the ongoing journey toward the Kingdom of God

We will invite...

Rev. KyungMo Koo

~ to converse with you about being the mother that God wants you to be

*Co-Pastor, Lincoln Park Community UMC
D. Min., Princeton Theological Seminary
M. Div., Wesley Theological Seminary*

Dr. Robert Cordes

~ to share with us his experiences of being a Christian pediatrician and to offer professional advice new mothers

Local Pediatrician in Wyomissing, PA

Rev. SunAe Lee-Koo

~ to deepen your understanding of the Kingdom of God through Scriptures, meditation, activities, and prayers

*Co-Pastor, Lincoln Park Community UMC
Ph.D., Catholic University of America
M.Div., Wesley Theological Seminary
Leadership for Contemplative Prayer Groups and
Retreats, Shalem Institute*